

# What You Can Do To Support Students and Faculty Members In Crisis

03/19/21

# Alliance for Excellence in Online Education

- Welcome
  - *Dr. Patrick Callaghan*, President
- Sponsored by Walsh College
- Introductions
  - *Michelle Suminski*, CPA, MBA – Instructor of Accounting, Oakland Community College (*Presenter*)
  - *Michelle Reiter-Miller*, MS, LLP – Department Chair of Social Sciences & Associate Professor, Baker College (*Presenter*)
  - *Dr. Shaun Moore* – Director of e-Learning at Oakland University (*Moderator*)

# Unintended Consequences of COVID Lockdown

- Domestic abuse
- Substance abuse
- Mental health issues

# Domestic Abuse

*National Domestic Violence Hotline* contact volume



6% (*March 2020 vs March 2019*)



15% (*April 2020 vs April 2019*)

# Domestic Abuse – An Example Close to Home

- Preliminary Examination 3B District Court (St. Joseph County, MI)
  - Conducted via Zoom
  - “Assault with intent to do great bodily harm less than murder”
  - 3<sup>rd</sup> offense & violation of no contact order
- Alleged perpetrator was *in same apartment* as alleged victim
- Called alleged victim from jail – more charges are pending

# Substance Abuse

## Deaths in 2020 in San Francisco



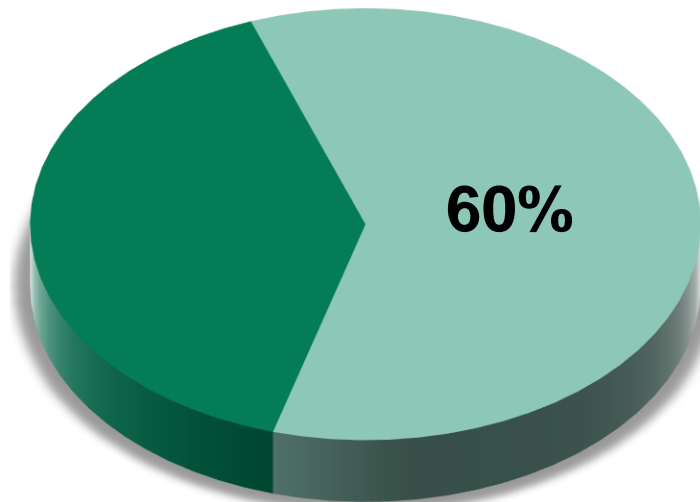
Source: Baker, Mel. "Overdoses Have Killed More Than Three Times as Many People as COVID-19 in San Francisco." *San Francisco Public Press*, 17 December 2020, [www.sfpublicpress.org/overdoses-have-killed-more-than-three-times-as-many-people-as-covid-19-in-san-francisco](http://www.sfpublicpress.org/overdoses-have-killed-more-than-three-times-as-many-people-as-covid-19-in-san-francisco)

# Substance Abuse

## *The Healthy Minds Study*

*Fall 2020 Data Report*

### **Binge Drinking within the Last 2 Weeks**



24%	1x
17%	2x
13%	3 – 5x
3%	6 – 9x
2%	10x or >

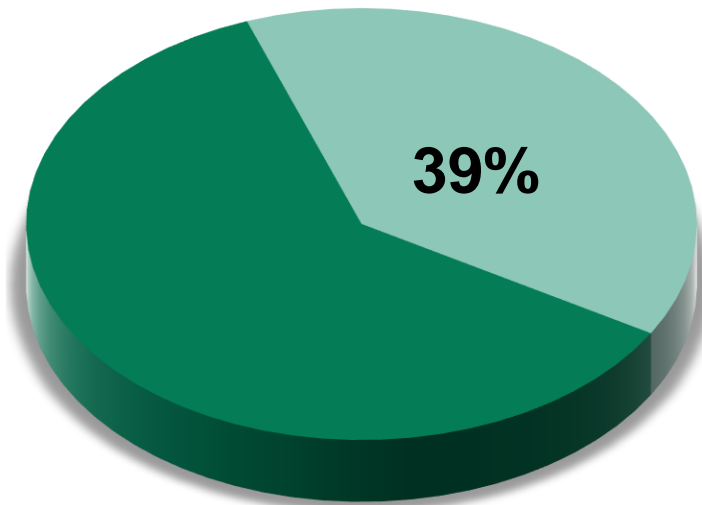


# Mental Health Issues

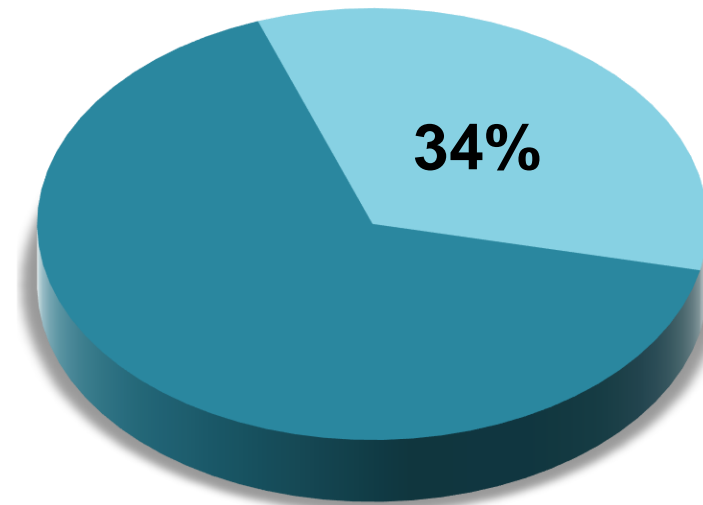
## *The Healthy Minds Study*

*Fall 2020 Data Report*

### Depression



### Anxiety

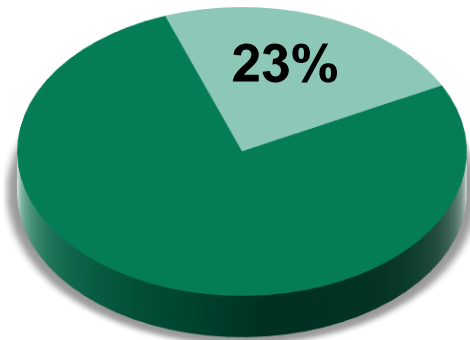




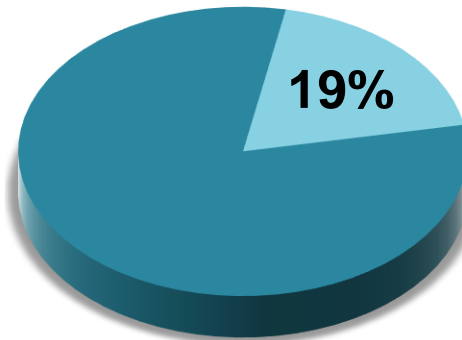
# Mental Health Issues

## *The Healthy Minds Study* *Fall 2020 Data Report*

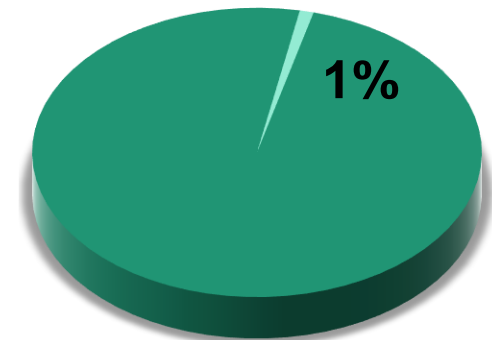
**Non-Suicidal  
Self-Injury**



**Suicide Ideation  
or Plan**



**Suicide Attempt**



# Training / Drills

- ✓ Pedagogical best practices
- ✓ Course design
- ✓ Academic integrity
- ✓ Accommodating special needs students
- ✓ Active shooter
- ✓ Tornado / fire
- ? Suicidal student

# Would You Know What to Do?

- a) Yes, because my college / university has provided training
- b) Yes, although my college / university has **not** provided training
- c) No, but I could think on my feet and figure something out
- d) No, I would have no idea how to respond

# Be Prepared

- “Out of the blue”
- After hours
- Inopportune time

# Be Prepared

- Is there a reporting procedure at your institution?
- Is your counseling department purely academic advising or something more?
- Do you know what information to collect?

# Be Prepared

## Incident Report

Date \_\_\_\_\_

Time \_\_\_\_\_

College police phone \_\_\_\_\_

Counseling phone \_\_\_\_\_

Report to \_\_\_\_\_

Student / Employee \_\_\_\_\_

- Name \_\_\_\_\_
- ID \_\_\_\_\_
- Physical description \_\_\_\_\_

• CL \_\_\_\_\_

Threat made \_\_\_\_\_

Concerns expressed by student / employee

- Academic performance
- Health issues – self / family member / friend
- Death – family member / friend / pet
- Family problem – divorce / custody / domestic abuse
- Feelings of – anxiety / depression
- Financial issues – financial aid / job loss / eviction / bankruptcy
- Harm to others
- Self-harm – self-injury behaviors / suicidal ideation or plans / suicide attempt
- Substance abuse – drugs / alcohol

as of 03/19/2021

# Be Prepared



Physical distance



# Available Downloads from A4EOE.org

- Incident report form
- List of national and local resources for:
  - Domestic violence
  - Substance abuse
  - Mental health issues
- List of campus police phone numbers
- Coping with stress